

# **ST. BENEDICT HOCKEY ACADEMY**

## **Student Code of Conduct and Expectations 2024-2025**



**St. Benedict Bulldogs**

*...High Expectations Are the Starting Point of High Performance...*

**At the STB Hockey Academy, our goal is to develop the student athlete's individual hockey skills, character, commitment, leadership, goal setting, time management and teamwork skills.**

[www.stbenedict.ecsd.net](http://www.stbenedict.ecsd.net)

Twitter: @bulldoghockeyac

Instagram: @stbenbulldogs\_ecsd

# ST. BENEDICT HOCKEY ACADEMY

## Expectations

Students at STB Hockey Academy are placed in numerous dynamic environments: arenas, community training facilities, dressing rooms, fitness centers, buses, hallways, and outdoor environments.

The mental and physical safety of students is our top priority.

### A. Academics and Behavior

#### Regular Classes

- Attend school regularly.
- Complete homework and assignments.
- Maintain appropriate grades.
- Demonstrate respect for all students and school staff.
- **If these expectations are not met, students may miss hockey time.**

#### Academy

- Be on time for on and off-ice sessions.
- Demonstrate respectful behavior.
- Behave appropriately on the bus and in dressing rooms.
- Treat instructors with respect.
- Demonstrate good sportsmanship.
- **If these expectations are not met, students may miss hockey time.**

[www.stbenedict.ecsd.net](http://www.stbenedict.ecsd.net)

Twitter: @bulldoghockeyac

Instagram: @stbenbulldogs\_ecsd



# ST. BENEDICT HOCKEY ACADEMY

## B. Gear

- Student is expected to safely carry (not drag) and load personal equipment onto the bus independently.
- Student is expected to wear Academy gear to each on-ice training session. **No exceptions.**
- Student is expected to wear a neck guard and helmet. **No exceptions.**
- Student is expected to tie own skates and dress appropriately by the end of October.
- Student is expected to practice appropriate personal hygiene.

## C. Fees

- To ensure facilities, transportation, and field trip bookings, please keep your account current. Please review Payment Options form for details. Online credit and debit payments are accepted.
- Fees are spread out over the course of the year. The number of on-ice sessions varies from month to month throughout the year based on school activities, off-ice training, and academic days.
- If fee payments are not kept up to date, a student may not be allowed to continue in the Academy.

## D. On Ice Instruction

- This is a skill-based program to develop specific fundamentals and tactics that will challenge student athletes at their own pace.
- Specific skill sets for forwards, defensemen, and goaltenders will be covered.
- Skills such as skating, agility/mobility, checking techniques, stick handling, offensive/defensive tactics, passing, quick feet, shooting and power skating are taught.
- Students will be grouped according to ability for on-ice sessions.

## E. Classroom/Off-Ice Instruction

- Goal Setting
- Health and Wellness
- Sports Injuries, Substance Abuse, Sports Psychology
- Fitness and Nutrition
- Basketball, Volleyball, Cross Fit, Ball Hockey, Yoga, Rock Climbing, Soccer, Baseball

[www.stbenedict.ecsd.net](http://www.stbenedict.ecsd.net)

Twitter: @bulldoghockeyac

Instagram: @stbenbulldogs\_ecsd



# ST. BENEDICT HOCKEY ACADEMY

## F. Academy Schedules

Monthly Hockey Academy schedules will be available on our website. It will be updated frequently to reflect the monthly activities. Please check the schedules carefully.

## G. Academy Storage Rooms

- Students are expected to always keep the storage area clean and in order.
- Students are expected to be respectful of other students' property.
- The staff parking lot is not to be used for dropping off or pick up.

## H. Illness and Injury

- If a student is injured and unable to participate in the Academy, he/she will remain at school in the homeroom class.
- If a student is ill and unable to participate in the Academy, it is recommended that he/she stays home until healthy as per school expectations for all students.

### ***If the above expectations are not met, the following action will result:***

- 1: A consequence will be implemented during Hockey Academy.
- 2: Parents will be notified, and additional consequences may be implemented.
- 3: One-week suspension from Hockey Academy and Action Plan completed with parent signature.
- 4: A continued unwillingness to adhere to Academy expectations may result in removal from the program.

[www.stbenedict.ecsd.net](http://www.stbenedict.ecsd.net)

Twitter: @bulldoghockeyac

Instagram: @stbenbulldogs\_ecsd



# ST. BENEDICT HOCKEY ACADEMY

## Student Code of Conduct and Expectations Agreement 2024-2025

**Please sign and return this page to the St. Benedict Hockey Academy.**

I (we) fully understand the behavioral expectations of my son/daughter at St. Benedict School in cooperation with the STB Hockey Academy.

I understand that my participation in all alternative programs is subject to demonstrating responsible, respectful, and positive behavior as outlined in the Student Code of Conduct and Expectations.

\_\_\_\_\_  
Student Name (Please Print)

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Parent/Guardian Name (Please Print)

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

[www.stbenedict.ecsd.net](http://www.stbenedict.ecsd.net)

Twitter: @bulldoghockeyac

Instagram: @stbenbulldogs\_ecsd

